

# Marital Inventory & Profile

Name \_\_\_\_\_

*Responses to these questions are confidential and are intended only to encourage discussion between you and the Pastor.*

*Read each question carefully, and then choose your answer quickly. Don't worry: there are no "right" or "wrong" answers. If you are uncertain, or uncomfortable, responding to any question, leave it blank.*

1. How long have you been in your relationship with one another? \_\_\_\_\_ MONTHS | YEARS
2. Has your present relationship (*circle one*) (a) been continuous since it began or (b) had period(s) of interruption?
3. Have you been in any previous relationships? Y | N
4. Did any previous relationship include cohabiting and sexual intimacy? Y | N
5. Are you aware of major issues contributing to the ending of any previous relationship? Y | N
6. I feel I am ready for marriage. T | F
7. I think my fiancé is ready for marriage. T | F
8. *Please rank the importance of the following statements by assigning a number at left.*  
\_\_\_ Marriage is an important part of my self-definition.  
\_\_\_ Marriage is a sign of my commitment to my fiancé.  
\_\_\_ Marriage is important for securing our legal rights and privileges as a couple.  
\_\_\_ Marriage is a good way to proclaim our love and celebrate with family and friends.
9. My view of marriage is that (*choose one*):
  - (a) it is "until death do us part."
  - (b) it's for as long as it works for me.
  - (c) it's for as long as it works for us.
  - (d) it is an important life passage for me.
  - (d) it should be an open relationship.
  - (e) nothing lasts forever.
10. I have always hoped and expected to get married some day. T | F
11. Marriage has not been a high priority for me until now. T | F
12. Marriage is more important to my fiancé than to me. T | F
13. I think that marriage will probably change me. T | F
14. Being married will make a difference in my daily life. T | F
15. I am looking forward to being married. T | F
16. My spouse-to-be makes me happy. T | F
17. I am generally a happy person. T | F
18. I am entering this marriage "with my eyes wide open." T | F
19. Planning our wedding and marriage has been "a real eye-opener." T | F
20. I will miss some things about being single. T | F
21. A lot of my friends are married. T | F
22. A lot of my friends are divorced. T | F
23. A lot of my fiancé's friends are married. T | F
24. A lot of my fiancé's friends are divorced. T | F
25. *Circle one:* My fiancé generally LIKES | DOESN'T LIKE my friends.
26. *Circle one:* I generally LIKE | DON'T LIKE my fiancé's friends.

## **Family issues**

*Note: "Family members" include children, parents, siblings, grandparents, etc.*

27. Are you struggling with disapproval of your marriage by any member(s) of either family? Y | N
28. Do you feel pressure from a parent or family member to marry? Y | N
29. Do you feel pressure by a parent or family member not to marry? Y | N
30. Do you feel any "peer pressure" about getting or being married? Y | N

## **Children**

31. Do you plan to have children in your married life? Y | N
32. Are there children from a prior relationship or marriage? Y | N
- If yes,*
33. Will any child(ren) of a prior relationship be living with you? Y | N
34. Are there any remaining (*if yes, circle all that apply*) LEGAL | FINANCIAL | EMOTIONAL | FAMILY issues with regard to child(ren) from a prior relationship? Y | N
35. Do your or your fiancé's child(ren) have any feelings or issues regarding your marriage?
36. I have always wanted to be a parent. T | F
37. Being a parent is a big part of what it means to be married. T | F

## **Money**

38. Will you be bringing any debts into this marriage? Y | N
- If yes: personal debts include (circle all that apply):* STUDENT LOANS | CAR LOAN(S) | HOME MORTGAGE | CREDIT CARDS | BUSINESS DEBTS
39. My fiancé has debts including (*circle any that apply*): STUDENT LOANS | CAR LOAN(S) | HOME MORTGAGE | CREDIT CARDS | BUSINESS DEBTS
40. The cost of our wedding may seriously impact our finances. T | F
41. Are you aware of the general provisions of California's community property law? Y | N
42. I avoid using credit cards. T | F
43. I have credit problems. T | F
44. Circle one: I NEVER | SELDOM | FREQUENTLY worry about money.
45. Circle one: Growing up, my family was: POOR | LOWER MIDDLE-CLASS | MIDDLE CLASS | UPPER MIDDLE CLASS | WEALTHY.
46. Have you considered, or prepared, a "pre-nuptial agreement"? Y | N
47. Would you like a referral to a qualified professional to help you draw up a pre-nuptial agreement? Y | N

## **Differences**

48. My fiancé and I have different political persuasions. T | F
49. My fiancé and I have different religious views and backgrounds. T | F
50. My fiancé and I have different attitudes about marriage and children. T | F
51. My fiancé and I have different attitudes about money. T | F

## **Gender and Marriage**

52. Men and women have gender-specific roles to play. T | F
53. Husbands and wives should share responsibilities equally. T | F
54. I am comfortable with the traditional roles for my gender. T | F
55. I am comfortable stepping out of traditional gender roles. T | F
56. I do not want to be limited by or trapped in gender roles. T | F

57. I expect my spouse to pretty much conform to his/her traditional gender role. T | F
58. I have clear expectations of my new spouse. T | F
59. I am not aware of my expectations of my new spouse. T | F
60. I am comfortable with my gender (being male or being female). T | F
61. I consider myself (*choose one*): exclusively HETEROSEXUAL | BISEXUAL | HOMOSEXUAL | OTHER. T | F

### **Sexual Expression**

62. I am generally happy with the sexual expression in our relationship. T | F
63. I am aware of sexual problems which might affect or hurt our intimacy. T | F
64. My fiancé and I have talked about our sexual desires, feelings and expression. T | F
65. My fiancé is sexually inhibited. T | F
66. My fiancé's attitudes about sex are (*circle one*): UNREALISTIC | APPROPRIATE | OUTDATED | UNKNOWN to me. T | F
67. Our marriage will be sexually exclusive. T | F
68. Sexual infidelity would be an automatic "deal-breaker" for our marriage. T | F
69. I have sexual issues I should talk over with my fiancé but am reluctant to raise. T | F
70. Would you like a referral to a professional Marriage & Family Therapist (MFT) for longer-term counseling? Y | N

### **Religious Experience**

71. I would consider myself (*circle as many as apply*): VERY RELIGIOUS OR FAITHFUL | A PRACTICING CHRISTIAN | SOMEWHAT RELIGIOUS | NON-CHRISTIAN | SPIRITUAL BUT NOT RELIGIOUS | WOUNDED OR SCARRED BY RELIGIOUS UPBRINGING | SKEPTICAL | AGNOSTIC | AN ATHEIST.

### **Feelings and Emotional Intimacy**

72. I talk about my feelings easily. T | F
73. I am generally in touch with my feelings. T | F
74. I don't think much about my feelings. T | F
75. I have (had) periods of depression in my life. T | F
76. I have some regrets in my life. T | F
77. I have received professional or medical help with mental health issues. T | F
78. I do not dwell on the past. T | F
79. I am comfortable with my body image (*weight, looks, color or race, height, etc.*) T | F
80. I have feelings that my fiancé may be unaware of. T | F

### **Health and Life Issues**

81. Based on family history, self-awareness and emotional health, I expect to live to the age of \_\_\_\_.
82. I have some chronic health problem(s) or issues. T | F
83. I currently (*circle one*) DO | DO NOT take prescription medications.
84. There are health problems in my family history. T | F
85. I am comfortable with my age right now. T | F
86. I consider myself well-adjusted. T | F
87. I have problems with self-esteem. T | F
88. My parents are (*circle one or both*) LIVING | DECEASED. *If deceased, indicate age at death:*  
 Mother \_\_\_\_ Father \_\_\_\_

89. Divorce is part of my family history. T | F
90. My family history includes (*circle any that are appropriate*) SPOUSE ABUSE | CHILD ABUSE | VIOLENCE | SUICIDE | MURDER | DRUG OR ALCOHOL ADDICTION | TRAGEDY.
91. My fiancé is aware of my family history. T | F
92. I am currently employed (outside the home). T | F
93. I find fulfillment and challenges in my work life. T | F
94. I expect to remain employed in the future. T | F
95. I have other plans for life besides working until normal retirement age. T | F
96. I have career dreams and goals which are important to me. T | F
97. I have dreams and goals apart from what I do for work. T | F
98. My fiancé and I talk about our dreams and goals. T | F
99. I have legal issues which might have some impact on our marriage (*examples: previous marriage and divorce, immigration status, criminal conviction, etc.*) T | F
100. As a couple, I think we have resolved all "carry-over" issues such as previously relationships, money and debts, and legal problems. T | F
101. I have some unresolved concerns about "carry-over" issues. T | F
102. My fiancé may have unresolved concerns about "carry-over" issues. T | F

### **Relationship Dynamics**

103. *Which best describes your approach? Circle one.*
- (a) I tend to keep my thoughts to myself.
- (b) I often blame myself when things go wrong.
- (c) I tend to blame my fiancé when things go wrong.
- (d) I don't look at problems with the idea of blame.
104. When we have a problem, I tend to keep my feelings to myself. T | F
105. When we have a problem, I promptly talk it over with my spouse. T | F
106. When we have problems, I feel comfortable talking with a trusted friend. T | F
107. If we have relationship problems, I would be open to professional counseling. T | F
108. If we have relationship problems, I think my spouse would be open to professional counseling. T | F
109. We have talked together about our previous relationship(s). T | F
110. We have talked together about our previous sexual experience(s). T | F
111. I don't want to talk about my previous relationship(s) with my fiancé. T | F
112. I don't want to talk about my fiancé's previous relationship(s). T | F
113. My fiancé is reluctant to talk about his/her previous relationship(s). T | F
114. My fiancé's previous relationship(s) trigger feelings in me of T | F  
(*circle any that apply*): JEALOUSY | INSECURITY | INDIFFERENCE | UNCERTAINTY | UNHAPPINESS | CURIOSITY.
115. Generally, I forgive others easily. T | F
116. I tend to hold grudges. T | F
117. I am willing to talk over things if my fiancé brings them up. T | F
118. I am usually the one to bring up things we need to talk over. T | F
119. I am generally a hopeful person. T | F
120. I am optimistic about life. T | F
121. I am generally optimistic about this world. T | F
122. Are there concerns or issues you would like to talk over with the Pastor confidentially? Y | N